

Drama Queen by Sahar

Saidi (1 rhythmic cycle equals 8 beats: Doum tek — Doum Doum — tek —)

Intro	hip sequence	(back to audience) Arms are square framing hips. follow music: hips RLR, LRL, R (R arm out, look towards R hand), L arm out, look towards R hand), Look center- both arms out. Shimmy while arms raise up above head. Music "hey...": arms cross down in front opening to the R, look over R shoulder at audience stretching R arm out/back as far as pos.
	4 cycles	Chasé on toes, walking in circle around yourself. (Hips RLR, LRL to each cycle). Arms: snake arms (keep around shoulder height), R arm up for hips RLR, L up for hips LRL
step A	4 cycles	Step R side, cross behind with L, Kick (fall back. letting head go back), step on R. Arms out to side while traveling, salute with back arm as fall into kick. Repeat L R L (4x total - 1 direction per cycle)
	4 cycles	1 cycle: turn clkwise, 1 cycle: side snake arms to R (up R, up L, up R, hold) Repeat other direction
	4 cycles	Hip snaps: RLR (hold 4th beat), LRL, RLR, LRL Arms are out to sides around waist height, look towards the R hand for the RLR, then L, etc. Little wrist circles with each switch to face palms that direction.
	1 cycle	Barrell turn counter clockwise, ending in hip drop pose with R foot forward, L arm up in S arms.
	8 cycles	1 cycle: Hip drop/kick 2x , 1 cycle: circle front foot to back. Repeat 4x total (alternating sides) Arms: start in S arms. as foot circles to back top arm comes down to meet bottom and switch S. Last one, instead of switching sides on last cycle - turn back to audience - arms straight down.
	2 cycles	Follow music: "pow" arms go straight up on beat, hold for a second, then R arm comes down with "rain" fingers. R hip comes up, looking over R shoulder.
step A	4 cycles	(back to audience) Step R side, cross behind with L, Shoulder shimmy , step on R. Arms out to side - look over inside shoulder at audience when shoulder shimmying. Repeat L R L (4x total - 1 direction per cycle)
	3 cycles	take turns jumping around to face audience (cntr clckwise) and shimmy . Stand like statue with back to audience until your turn (1 cycle per person or group: total 3 cycles)
	1 cycle	Chené turn (4 step on toes)
	8 cycles	Stand in classical Persian pose : R foot out to R, pointed toe. snake arms RLR hold (1 cycle), LRL hold (1 cycle), vertical chest circle to R (R, up, L, down=1 cycle), legs together for hip shimmy (optional: add horizontal figure 8). Repeat all other direction.
	1 cycle	Throw hair forward, head down in front waist bend, on beat. Hold.
step B	8 cycles	(come up on first beat right into:) Beledi walks , (start facing audience) (1 cycle) forward steps R and L with arms up (salute with one arm, other arm goes out with matching leg). (1 cycle) side steps R and L with arms out to side in snake arms (R arm up for R, L for L). Repeat for 8 cycles, facing 4 directions : First 2 cycles are facing audience, turn 1/4 turn for each set of 2 cycles.
	1 cycle	Pose in hip drop position, still facing last direction (your R side is to the audience).

- 4 cycles (1 cycle) 1st Doum: R **hip drops**, Doum Doum: R hip lifts behind,
 (1 cycle) 1st Doum: R hip drops, Doum Doum: roll pelvis up and drop again.
 Repeat all. (back arm is lifted above head, front arm is down pushed back so it doesn't block audience view of hip).
- 4 cycles **Ume walks**: step together step touch with hip circles. 1 cycle each direction R, L, R, L.
 Change facing direction as well with each cycle (first time face audience, then quarter turn R, etc)
- 8 cycles **Side hip lift sequence**: start with arms down at sides, back to audience.
 (1 cycle): Step to L while lifting R hip - R arm comes straight out to side. Step L together - hip down.
 Again step to L while lifting R hip - L arm comes straight up (so arms are in L shape - R arm still out.
 R foot crosses over L - R arm comes straight up as well.
 (1 cycle): Arms cross down in front while you turn to face audience.
 Repeat all of above 3 more times
- 2 cycles **Chéné turn** in place, end in dramatic pose on beat.
- improv 8 cycles **improv section** - do whatever you like. Floor is good but variation from others in group nice.
- 1 cycle **pose** on first beat in hip drop pose. hold.
- step A 4 cycles (face audience) **Step R side, cross behind with L, Shoulder shimmy**, step on R.
 Arms out to side - look over inside shoulder at audience when shoulder shimmying.
 Repeat L R L (4x total - 1 direction per cycle)
- 4 cycles **Hip drops facing 4 directions**: 1st time turn clockwise 1/4 turn (L side to audience).
 (1 cycle): on toes, drop hips to side R, L; then repeat with flat foot.
 Repeat in 3 other directions, last one facing audience.
- 8 cycles **Hip drop camel sequence**: (traveling in forward diagonals)
 Turn so 3/4 view to audience, R hip to the front in hip drop pose. S arms.
 Hip drop, kick. Then camel 1x on toes, rocking forward on R foot, back on L, then forward stepping
 flat on R. Circle back (L) foot around to front ending facing other diagonal.
 Repeat 3 more times alternating directions.
- step B 8 cycles (come up on first beat right into:) **Beledi walks**, (start with Left side to audience)
 (1 cycle) forward steps R and L with arms up (salute with one arm,
 other arm goes out with matching leg).
 (1 cycle) side steps R and L with arms out to side in snake arms (R arm up for R, L for L).
 Repeat for 8 cycles, **facing 4 directions**: Last one is facing audience.
- Ending 1 cycle **Chéné turn** in place, end in dramatic pose on beat.