

Kese Kese

From the Album "Shri Durga" by DJ Cheb I Sabbah

intro - thunder, bird, instrumental: followed by string run 2x, 1 more: Megan solo poses

5x4cycles - percussion: Goddess walk from back stage to center. 16cycles goddess walk, 17=R side horizontal figure 8 (1/2 goddess), then hip snaps L, R, L, R, L, R, L, R, Shiva Pose

vocal calls plus instrumental: Hold Shiva, towards end snake arms. On final chord L hand behind head, R out. Side step together 2x w bhangra shoulders, 2x w cntclkwise chest circles. Repeat opposite side. Repeat R and L again.

chorus: 5x4cycles: Bhangra chorus arms (front w bent wrists palms forward, open R to back, then "wash window") 2x, "Open Close" 2x, Goddess pose L then R, bicycle hip on R 2x

2x4cycles - percussion with vocal call: 1x4 horizontal fig 8s w shimmy to get into circle, back to center

Turns w lotus hands out, to heart in 2x (1x4 cycles)

4x4cycles - verse: Grapevine in circle w bhangra shoulders (Megan turns in center of circle)

chorus: 2x4: Bhangra chorus arms (front, open R to back, then "wash window") 2x

calls 4x4: "Open Close" 2x, Touch touch above head namaste, Touch ground, wave up, Pose w palms out at face, Indian pose R,L,R, Pataka mudra L,R,L,

bg vocals on chorus: 2x (half 4): BellyDance side hip drops RLR, LRL

chorus: 5x4cycles (last one just percussion for second half): Bhangra chorus arms (front, open R to back, then "wash window") 2x, "Open Close" 2x, Goddess pose L then R, bicycle hip on R 2x

7 1/2 (x4) - percussion with some calls and instrumental: Pot mudra L, Pataka mudra R, "hip hop" forward diagonal 4x, then circle 4x, reverse diagonal 4x, then 4x to face back.

Hit thighs open arms in lotus hands chest twists to audience 2x4cycles.

Back bend with reverse snake arms up 6cycles

4 cycles female call: Hands in cross wave from top down to face level

9x4 vocal and instrumental (dotar, ...) misc: 2x4 snake arms choo choo R, then L.

Goddess walk forward 1x4 then (goddess walk 1x4 in group circle, 1x4 turn 2x in place)3x total. Then Goddess walk 1x4 last time to get to places out of circle.

chorus: 2x4: (Hands up forward, Hip drop 3x then kick forward, 3x then kick back hands down) 2x

4x4 vocal verse like with female backup: 4 camels L (arms out up then cross down front), then R, (2x4), 1x4 big hip circle w shimmy, 1x4 ume R then L

5x4 instrumental (mimics chorus): 1x4 2 turns facing audience, 1x4 goddess walk to line, 1x4 cross line for 2 then back to line position, Arm poses in line for 2x4 (Chest is count, then lotus hands out)

ending call: take a pose