

Cymbal (zill) Practice

Practice Patterns (practice each to a metronome or beat in repeated patterns):

Count	1	2	3	4				
Variation 1:	R	L	R	L				
Variation 2:	R	L	R	-				
Variation 3:	L	R	L	-				
Variation 4:	RL	R	LR	L				
Count	1	2	3	4	5	6	7	8
Variation 5:	R	L	R	-	L	R	L	-
Variation 6:	RL	R	RL	R	RL	R	R	-

Middle Eastern Rhythms (just a few that we use more commonly in this class)

Ayyoub: 2/4 time signature

Count	1	&	2	&
Cymbals	R	RL	R	L
Drum	D	tk	D	T

Balady: 4/4 time signature

Count	1	2	3	4	5	6	7	8
Cymbals	R	R	RL	R	R	RL	R	RL
Drum	D	D	tk	T	D	tk	D	tk

Saidi: 4/4 time signature

Count	1	2	3	4	5	6	7	8
Cymbals	R	RL	RL	R	R	RL	R	RL
Drum	D	tk	tk	D	D	tk	T	tk